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Message from Mrs Denham



Welcome back to the Autumn term 2023.

Thank you to all parents and carers who have adjusted to the new start and finish times, especially to those who read and noted the changes in the texts and letters sent out last term. We appreciate that change can be challenging at times, particularly at the beginning of a new term and when there seem to be roadworks all around both schools. Well done for settling into new routines including your fabulous attendance at the 'meet the teacher sessions' last week! Please note, the Marish SEN unit 'meet the teacher' is happening on Tuesday 19th September from 2.30-3pm.

I'd also like to thank all parents who sent their children into school punctually and in smart uniform. Please can you ensure that your child takes care of their property in school by labelling it with their name. The next improvement for school uniform is a focus on PE kits. Please refer to the school website and note that PE kit should comprise of a red/green or white plain t-shirt and plain dark shorts or tracksuit bottoms with trainers or plimsolls.

Looking forward, there are many exciting events planned for this term, lots of learning and the usual trips, workshops etc. Please keep a close eye on parent pay and text communication to ensure you don't miss anything important.

Finally, this week has been a special one for me as I celebrated a milestone birthday in school. Thank you to all the children, staff and parents who contributed towards making my day amazing. It will certainly provide some very happy memories to look back on over the course of the year and beyond. Enjoy the last rays of summer over the weekend.

Mrs Denham

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SEN Unit





We are excited to be back at school in the SEN Unit and have hit the ground running with our TEACCH system. This is a teaching approach designed to support pupils with additional needs in their understanding and learning. As you can see we are working hard in Maths and the images showcase a range of activities which are used in our 4 areas of learning. These are the *choosing area, the group table, the workstations and the 1:1 TEACHH table.*





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Year 2 DT Activity









Year 2 are making pop-up books and learning the skills of creating mechanisms. They are creating box folds, sliding and pull tab mechanisms, as well as pop-ups using carefully cut lines and joins to create a book.

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Willow School Club

Here is the after-school club timetable for the Autumn term. To sign up for a club, please make the payment via ParentPay. Clubs run from **Monday 25th September until Friday 8th December (10 Weeks).** All places must be booked and paid for by Wednesday 20th September. Clubs are £5 per child, per club.

	Monday	Tuesday	Wednesday	Thursday	Friday
Term Clubs 2023	Year 5 & 6 (Invite only) 3:10-4:10 School band Music room (Mx Booth) Year 5 & 6 3:10-4:10 Girls netball club	Year 3, 4, 5 & 6 3:10-4:10 Girls football club Outside (30 max) (Mr Alves) Year 1 & 2 3:00-4:00 Jigsaw club	Year 3, 4, 5 & 6 3:10-4:10 Chess club 4J (30 max) (Mr Jones) Year 3 & 4 3:10-4:10	Year 1 & 2 3:00-4:00 Lego club 2R (30 max) (Mrs Razhi) Year 5 & 6 3:10-4:10 Art and craft club	Year 3 & 4 3:10-4:10 Boys football club Outside (30 max) (PE staff)
After School Clubs £5 per child,	Outside (30 max) (PE staff)	4J (30 max) (Mrs Dhillon) Year 3 & 4 3:10-4:10 Poetry club 3P (30 max) (Miss Page)	Art and craft club 35 (30 max) (Mrs Dhillon) Year 5 & 6 3:10-4:10 Explorer club 5E (30 max) (Mr Ediker)	Year 3 & 4 3:10-4:10 Hockey club Outside (30 max) (Mr Spicer)	875
per club.			Year 1 & 2 3:00-4:00 Multi skills Main hall (30 max) (Miss Stroud)	Year 5 & 6 3:10-4:10 Boys football club Outside (30 max) (Mr Alves)	SI

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Marish School Club

Children taking part in football and hockey activities will need shin pads for their protection.

The second secon		(*C. *C. *C. #0.00)	Wednesday	Thursday	Friday
Marish Autumn Term Clubs 2023	Year 1 & 2 3.00 - 4.00PM Art & Craft 3A (30 max) (Ms Spasova) Year 3&4 3.10 - 4.10PM Yoga Main hall (30 max) (Mrs Waheed)) Year 3,4,5 & 6 3.00 - 4.00PM Athletics club Field/Playground(PE) (30 max)	Year 1 & 2 3.00 - 4.00PM Bollywood Dance 1I (30 max) (Mrs Akmal) Year 2&3 3.00 - 4.00PM Art Attack 2H (30 max) (Mrs.Hothi) Year 3.4,5 & 6 3.10 - 4.10PM Choir 3M (30 max) (Ms Edwards) Year 3 & 4 3.00 - 4.00PM Boys Football Field I Hall (30 max) (Mr Milstead)	Reception 3.00 - 4.00PM Funky Fingers RT (20 max) (Ms.Trifan) Year 5 & 6 3.15 - 4.15PM STEM Challenges 6A (30 max) (Ms Adie) Year 5 & 6 3.10 - 4.10PM Marish School Band Music Room (30 max) (Mx Booth) (Invite only) Year 5 & 6 3.10 - 4.10PM Boys Football Field/Playground(PE) (30 max)	Year 3.4.5 & 6 3.10 - 4.10PM Bible Club 3M (30 max) (Ms.Thavarasa) Year 3.4.5 & 6 3.10 - 4.10PM Girls Football Field/Playground (PE) (30 max)	Year 5 & 6 3.10 - 4.10PM Games Club Music Room (16 max) (Mr. Wingrove, Mr. Williams)) (Invite only) Year 3.4,5 & 6 3.10 - 4.10PM Choir 3M (30 max) (Miss Edwards) Year 5 & 6 3.10 - 4.10PM Mindfulness club 6B (30 max) (Ms. Banga) Year 1 & 2 3.00 - 4.00PM Multi skill club Main hall / Playground (30 max) (Ms. Nicholls)
After School Clubs £5 per child,	Yoga Main hall (30 max) (Mrs Waheed)) Year 3,4,5 & 6 3.00 - 4.00PM Athletics club Field/Playground(PE)	Art Attack 2H (30 max) (Mrs.Hothi) Year 3.4,5 & 6 3.10 - 4.10PM Choir 3M (30 max) (Ms Edwards) Year 3 & 4 3.00 - 4.00PM Boys Football Field I Hall (30 max) (Mr Milstead)	STEM Challenges 6A (30 max) (Ms Adie) Year 5 & 6 3.10 - 4.10PM Marish School Band Music Room (30 max) (Mx Booth) (Invite only) Year 5 & 6 3.10 - 4.10PM Boys Football Field/Playground(PE)	Girls Football Field/Playground (PE) (30 max)	3.10 - 4.10PM Choir 3M (30 max) (Miss Edwards) Year 5 & 6 3.10 - 4.10PM Mindfulness clu 6B (30 max) (Ms. Banga) Year 1 & 2 3.00 - 4.00PM Multi skill club Main hall / Playgroun (30 max)

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Parent Workshop Menu

All workshops will take place in the school hall. Pupils are welcome to attend with their parents and there is no requirement to reserve a place, all parents are welcome.

Date	Session	Staff Lead	Venue
11/9/23	E-Safety Coffee Morning	Mr Sinclair	Marish main hall at 8:45pm
12/9/23	E-Safety Coffee Morning	Mr Sinclair	Willow main hall at 8:45pm
18/10/23	Writing workshop	Mrs Dowlut and Ms Page	Willow main hall at 8:45am
19/10/23	Writing workshop	Mrs Dowlut and Ms Page	Marish main hall at 8:45am
31/10/23	Maths: Calculations	Miss Stroud and Mr Fuller	Willow main hall at 2:00pm
1/11/23	Maths: Calculations	Miss Stroud and Mrs Ommer	Marish main hall at 2:00pm
4/12/23	Phonics	Mrs Imtiaz	Marish main hall at 8:45am
6/12/23	Phonics	Mrs Imtiaz and Miss Stroud	Willow main hall at 2:00pm

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Attendance

Marish

Sept 2023

Reception: 98.27%

Year 1: 95.12%

Year 2: 93.31%

Year 3: 95.43%

Year 4: 94.33%

Year 5: 96.59%

Year 6: 92.72%

Target: 96%

Willow

Sept 2023

Reception: 90.96%

Year 1: 95.45%

Year 2: 92.19%

Year 3: 95.68%

Year 4: 90.85%

Year 5: 91.44%

Year 6: 93.63%

Target: 96%



This month's
100% attendance
reward is
popcorn!



Below 90% Serious Concern

Drastic effect on academic success

95- 90% Cause for Concern

Negatively affecting academic success

100%- 96% WELL DONE

Achieving full potential

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Parent Notices

Timings of the school day from Sept 2023

Soft start is from 8:20am for all year groups.

SEN Unit: Doors open from 8:15am to 8:45am and then at 3:00pm

Nursery: 8:00 – 11:00am and 12:00pm – 3:00pm

 Nursery full time
 9:00am - 3:00pm

 Reception:
 8:30am - 3:00pm

 Year 1 and Year 2:
 8:30am - 3:00pm

 Year 3 and Year 4:
 8:30am - 3:10pm

 Year 5 and Year 6:
 8:30am - 3:10pm



Spare Uniform

If you have any spare uniform items that Early Years could use, we would greatly appreciate dresses, skirts, trousers, leggings, and polo shirts.

School Grounds

Please do not bring bikes or scooters of any kind onto the school grounds at any time. Dogs are not allowed on site.

Water Bottles

Children should bring in a water bottle every day, with their name clearly labelled on the bottle.

No Peanuts

Please do not bring nuts of any kind. We are a nut free school.



Lost Property

The lost property box in the playground is emptied weekly. Please check for any items that your child has lost. Unclaimed items will be taken to charity.

PE Kit

Please ensure your child comes to school wearing their PE kit on the days they have PE. PE Kit consists of T shirt, shorts, joggers/tracksuit bottoms, jumper and trainers.

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Healthy Lifestyle



HEALTHY DIET



Slough Healthy Smiles

- · Eating a healthy diet keeps teeth, gums and our body healthy
- · We need different vitamins and minerals to stay healthy
- By eating a balanced diet of fruit, vegetables, carbohydrates and protein we can get most of the vitamins and minerals our body needs

VITAMINS AND MINERALS YOUR BODY NEEDS



- Calcium (bone health)
- Zinc (growth and development)
- Iron (Vital for overall health)
- lodine (thyroid function)
- Omega-3 (brain and heart health)
- Protein (builds and repairs muscle and supports immune system)
- Vitamin C (supports immune system)
- Vitamin D (bone health)
- Vitamin B12 (blood health)



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Healthy Lifestyle







Healthy Lunch Boxes





- Eating a healthy lunch keeps gums and teeth healthy
- A healthy lunch box should include fruit, vegetables, carbohydrates and protein



Choose foods in a variety of colours, finger foods and crispy snacks to make your lunch box more appealing

Lunch Box Ideas

See https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/



Salmon and salad bagel, rice cakes, grapes, semi-skimmed milk



Tuna and bean salad, satsuma, malt loaf, semi-skimmed milk



Spicy chicken and salad wrap, peaches/strawberries, homemade popcorn with cinnamon, sugar-free orange drink



Hummus dip with pitta bread and vegetable sticks, banana, sugar-free jelly, water

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Issue 53 - Sept 2023

Healthy Lifestyle





Healthy Indian Lunch Boxes



Slough Healthy Smiles

Choosing a healthy, balanced lunch box can be kinder to teeth and help you protect your smile.

LUNCH BOX IDEAS



Paneer (Cheese)
Roll ,

Vegetable Aloo (Vegetable and Potato Curry)

+ Khakhra





Palak (Spinach) Chapati, Jeera Aloo (Potato Curry) and Orange

+ Rice



Lunch Box



Lassi (yoghurt) Drink



Fruit and Veg



Roasted
Chana
(Chickpeas)



+ Naan

Chicken Curry



3



+ Chapati



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OXFORDSHI COMMUNIT DENTAL SERVICE

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Healthy Lifestyle





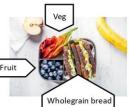
Healthy Vegan Lunch Boxes



Slough Healthy Smiles



Sushi - rice (carbohydrate) Seaweed, veg



Wholegrain brea (carbohydrate) Vegan cream cheese,

LUNCH BOX IDEAS

Choosing a healthy, balanced lunch box for vegans can be kinder to your teeth and help you to protect your smile

- Finger foods, foods in a variety of colours and crispy snacks look more inviting
- Fussy eaters can prepare a lunch box with
- They can then try the food as you prepare it



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Plant-based yoghurt (protein), nuts and seeds

Wholegrain bread (carbohydrate) Vegan cheese (protein), veg



Nuts and seeds

(carbohydrate) Vegan feta (protein), veg







Healthy Gluten-Free Lunch Boxes



Slough **Healthy Smiles**

Choosing a healthy, balanced lunch box for those on a gluten free diet can be kinder to teeth and help you protect your smile Gluten can be found in the grains wheat, barley and rye. These grains are found in food like bread, pasta, cereal, flour, cakes and biscuits If you are gluten-free (GF) you can still enjoy a healthy diet that includes fruits, vegetables, meats/fish, beans, nuts, seeds, dairy products and GF bread



Gammon Rice Noodle Pot



Gluten Free Lunch Box Roll Ups



Chicken Mayo Nori Rolls



Gluten Free Pasta Salad

For recipes see: bbc.co.uk/food/collections/lunchbox_ideas, bbc.goodfood.com/recipes



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E-Safety



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E-Safety



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Some Useful Information

BRIGHT BEGINNINGS:

HOME START SLOUGH'S NEWSLETTER FOR FAMILY WELL-BEING

Updates and Stories from Home Start Slough

AUGUST 2023 FAMILY SUMMER PICNIC













We hosted a delightful family summer picnic at Upton Court Park in Slough. The event was a splendid gathering of children and parents, where the enchanting Roly the Magician provided entertainment that captivated both young and old.

Our entire team was present to ensure everyone had a fantastic time.

The occasion was filled with outdoor games, including lively rounds of football, while the little ones reveled in the joys of the bubble machine. Adding to the festivities, Anne, our Manager, showcased her artistic talents through face painting, attracting a long queue of eager participants.

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Some Useful Information

SEPTEMBER SUPPORT

To refer a family, please use our link on our website.

Self refers can use the same link.

www.hsslough.co.uk/



FAMILY WELLNESS

Trained volunteers and expert Family Support in the home, weekly over 3 months aims to encourage and guide families to better eating, healthier cooking, fun physical activities for all the family and lots more.

https://hsslough.co.uk/selfreferral/



CRAFT & CHAT MUM AND BABY GROUP

For new and expectant mums with babies up to 6 months. This small nurturing group is creative and supportive. Make new friends, share experiences and feel supported by trained volunteers and expert Home-Start staff.

https://hsslough.co.uk/selfreferral/



SLOUGH WOMENS ALLOTMENT

Why Allotment Life?

Gardening isn't just about plants; it's a journey of self-discovery, a balm for the soul, and a chance to connect with nature's wonders. At our allotment, we believe in cultivating not only the land but also a sense of community, wellness, and joy.

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HOME VISTING VOLUNTEERS

Home Start Slough volunteers make a positive difference in the lives of vulnerable families and children. Helping families navigate challenges, improve their well-being, and create a nurturing environment for their children.

https://hsslough.co.uk/selfreferral/



LITTLE STARTERS

A welcoming and encouraging group for referred families with children 5 years and under. Supported by Home Start key workers, these sesions are available for parents and children feeling isolated, struggling with daily routines and socialising. AM & PM sessions.

WELCOME EVE!

Eve will be joining our team in September as a Home Visiting Family Support Coordinator. Her association with us goes back to last year when she started as a volunteer. Drawing from a rich background of experience and having received assistance from Home Start Slough in the past, she is now in a position to contribute back to the community. We are eagerly anticipating the opportunity to collaborate with Eve.

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Some Useful Information

NEWS NEXT TIME

To refer a family, please use our link on our website.

Self refers can use the same link.

www.hsslough.co.uk/



News, photos and coverage from our

Annual General meeting.

Date: Friday November 10th 2023

Venue: Arbour Park Slough Time: 11.00am to 13.00pm

Email office@hsslough.co.uk to register your attendance



Childrens Christmas party

Anticipating the joy of sharing photos and updates from the Home Start Slough Christmas party, where children and their parents come together for a festive celebration. The event will be filled with excitement, including captivating performances by Roly the Magician and, of course, a special appearance by none other than Father Christmas himself. Stay tuned for all the enchanting moments!

Funding News and Family Support

We are eagerly anticipating positive outcomes for two bid applications. If successful, we will have the opportunity to sustain our efforts in Autism support. This includes maintaining our highly regarded CONNECT course designed for parents with neurodiverse children, along with providing ongoing perinatal support for expecting and new mothers. Our plans also encompass more focused baby groups as well as expanded parenting and home visiting services, with a particular emphasis on assisting anxious and overwhelmed parents.