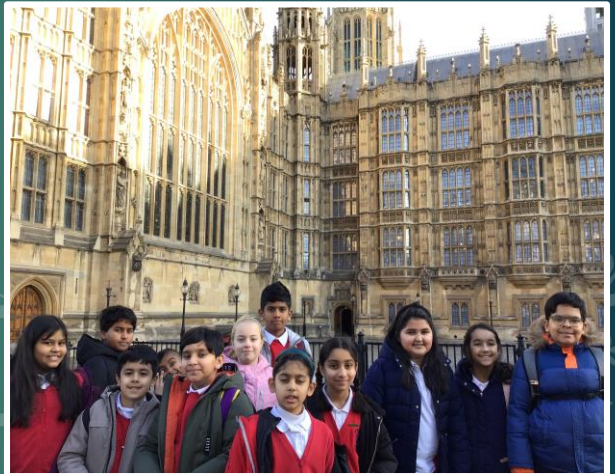


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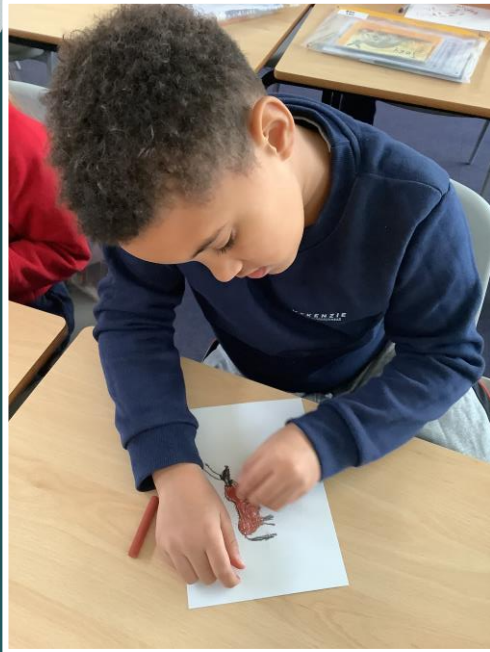
Marish School Council Trip



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Stone Age Boy



Year 3 children have been studying the Stone Age. They read the book **Stone Age Boy** and created their own cave art with pastel animal designs.

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Spelling Bee for Charity



We are raising funds for the victims of devastating floods in Pakistan last year. Every child will take home a sponsorship form for donations and a spelling list for their test.

Please support this very worthy cause.

Year 1 Spelling List	Year 2 Spelling List	Year 3 Spelling List	Year 4 Spelling List	Year 5 Spelling List	Year 6 Spelling List
most	door	actual	accident	answered	peaceful
any	because	bicycle	although	according	overjoyed
again	whole	notice	business	sacrifice	nervous
has	gold	early	occasionally	recommend	suffering
find	sugar	position	question	vegetable	unexpectedly
move	improve	remember	medicine	definite	anxious
only	even	opposite	possession	available	dependable
eye	class	enough	separate	variety	courageous
should	beginning	quarrelled	recommend	pronunciation	miscellaneous

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NSPCC Workshop

NSPCC volunteers

presented the

SPEAK OUT STAY SAFE

workshop

The children learned about various forms of abuse and how to seek professional help if they need to.



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Parent Notices

Timings of the school day

Soft start is from 8am for all year groups.

Resource Base:	Doors open from 8.15am to 8.45am and then at 3.00pm
Nursery:	8.00 - 11.00am and 12.00pm - 3.00pm
Reception:	8.30am - 2.45pm
Year 1 and Year 2:	8.20am - 2.50pm
Year 3 and Year 4:	8.20am - 2.55pm
Year 5 and Year 6:	8.20am - 3pm

School Grounds

Please do not bring bikes or scooters of any kind onto the school grounds at any time. Dogs are not allowed on site.

Water Bottles

Children should bring in a water bottle every day, with their name clearly labelled on the bottle.

No Peanuts

Please do not bring nuts of any kind. We are a nut free school.

Lost Property

The lost property box in the playground is emptied weekly. Please check for any items that your child may have lost. Unclaimed items will be taken to charity.

PE Kit

Please ensure your child comes to school wearing their PE kit on the days they have PE. PE Kit consists of T shirt, shorts, joggers/tracksuit bottoms, jumper and trainers.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password, LastPass, Dashlane, Password and Keeper are all excellent password managers.

4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version - by saving it to a removable USB drive or similar device, for example.

5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' - such as your birthplace or a pet's name - in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency - even if they appear to come from someone you know.

11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates - so by ensuring each device is running the latest version, you're making them more secure.

10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure - criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct). It's useful if you're worried about a possible attack - or simply as motivation to review your account security.

8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



Source: www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-words | <https://haveibeenpwned.com>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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E-Safety

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TWITTER

WHAT ARE THE RISKS?

Twitter is a social media network which allows users to post short messages (tweets) of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be 'trending'. Twitter users can engage with other people's posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur, Elon Musk acquired Twitter in October 2022 for \$44 billion, he has implemented several major changes to the platform.



INTERACTION WITH STRANGERS

Tweets are public by default, meaning that anyone can view and interact with posts, follow someone and send direct messages. The concern here is that young people may therefore connect and communicate with strangers. Some individuals may follow a young person's Twitter account simply because they have similar interests; however, others may turn out to have more sinister intentions.

FIXATION ON VIEW COUNT

Twitter has recently introduced a 'view count' feature – telling users how many people have seen their tweet (even if they haven't reacted to it). Previous research has found that unfavourable comparisons with other social media users can cause young people to experience feelings of insecurity, jealousy and low self-esteem – leading to an obsession with increasing their numbers.

TROLLS AND BULLYING

The anonymity offered by fake profiles encourages some users to send tweets designed to provoke a reaction; to disrupt conversations; to spark an argument; or to harass the recipient. Such trolling and bullying can impact the mental wellbeing of both the target and anyone who witnesses it. Encourage your child to come to you if they experience such behaviour on Twitter, or if they see it taking place.

PAID-FOR VERIFICATION

Previously, if a Twitter profile displayed a blue tick icon, it meant that the owner – usually a celebrity or a major organisation – had been verified as genuine. Now, however, anyone can pay for a Twitter blue subscription to receive the tick, with the platform carrying out limited checks on the account's authenticity. This could easily lead to more fake accounts impersonating real people or companies.

CONTENT MODERATION CHANGES

In late 2022, Twitter stated that their 'policy enforcement will rely more heavily on de-amplification of violative content: freedom of speech, but not freedom of reach'. No policies have changed yet, but this wording suggests they may limit who can see posts rather than removing them. While supporting free speech, this could encourage an environment where some toxic content remains online.

HIJACKED HASHTAGS

The hashtag (#) is one of Twitter's most recognisable facets, allowing users to find specific trends or topics. But the sheer volume of tweets each hour can rapidly distort a hashtag's meaning: an initially innocent search term can quickly end up returning inappropriate results. This is common with 'trending' hashtags, as people know that using them will get their tweet seen by a larger audience.

Advice for Parents & Carers

SET ACCOUNTS TO PRIVATE

To reduce some of the fear of your child's tweets being seen and shared by anyone, you can always make their account protected. This means that your child has to give approval for another user to view their posts. You can change Twitter's privacy settings so that your child can't be messaged directly by other people on the platform and their geographical location won't be shared.

FOSTER CRITICAL THINKING

It can be difficult for anyone to ascertain if something online is real or false, but particularly for young people. Encourage your child to check several reputable sources to determine if a story they've seen is true; remind them to watch out for scams and think about the message's possible motive. Emphasise that it's not a good idea to retweet something if they aren't sure it's correct.

ENGAGE SAFETY MODE

When Safety Mode is activated, Twitter checks for abusive or spammy behaviour such as hurtful language or repeated negative replies. The platform then flags these suspect accounts and blocks them from responding to your child's tweets. The autoblock function then prevents these accounts from interacting with your child's again for seven days.

EXPLORE THE NEW SETTINGS

Previously, any user could reply to anyone else's tweets. However, the new conversation settings let your child determine who can reply to their posts – either by selecting everyone (the default option), people they follow or only people they mention (using the @ symbol). This improvement has given users extra control, providing them with more protection from trolls and online abuse.

PAUSE BEFORE POSTING

It's important that young people think about what they're about to post and whether they might regret it later. Twitter has developed 'nudges': little prompts which appear if someone is about to tweet using harmful or offensive language. These nudges promote more positive online behaviour by giving users an opportunity to pause and consider their words before they post something.

BLOCK, REPORT OR MUTE

If someone is upsetting your child on Twitter, you can block and report them. Blocking stops them from messaging or following your child, while reporting an account alerts Twitter to investigate possible misuse. The 'mute' feature, meanwhile, keeps tweets from a specific account (or which include certain words) out of your child's timeline. The other user won't know that they've been muted.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



BE CAREFUL WHO TO FOLLOW

As accounts are no longer being as rigorously verified under the 'blue tick' system, it's essential that young Twitter users understand what this means. In terms of people not necessarily being who they claim. Anyone who your child only knows online is still a stranger, regardless of how long they've been communicating for. Remind your child never to disclose personal information on social media.

Source: <https://blog.twitter.com/common-thread/en/topics/stories/2022/how-twitter-is-nudging-users-healthier-conversations> | https://blog.twitter.com/en_us/topics/product/2022/twitter-blue-update | https://blog.twitter.com/en_us/topics/company/2022/twitter-2-0-our-continued-commitment-to-the-public-conversation | <https://scholarworks.lib.csusb.edu/cgi/viewcontent.cgi?article=2131&context=rad>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Holiday Club

Dear Parents and Carers,

The Holiday Club will be open from **Monday 12 February to Friday 17 February from 8.30am to 4pm.**

The costs are

£20.00 per day per child

£30.00 per day for two children

£40.00 per day for 3 children

£50.00 per day for 4 children

Please provide your child with a packed lunch.

The numbers will be limited so **please return the slip as soon as possible. It is important that the slip is returned with the days requested as we have to make sure that we have the correct staff – children ratio.**

Full payment must be paid on ParentPay by Friday 3rd February and is non-refundable.

There will be lots of activities for the children, including cooking, art & craft, dance, fun sports etc.

Any questions please ring the office number and ask for Mrs Beard.

Yours sincerely

S Beard

Sharon Beard

Holiday Club Manager

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Parent Workshop Menu

All workshops will take place in the school hall. Pupils are welcome to attend with their parents and there is no requirement to reserve a place, all parents are welcome.

Date	Session	Staff Lead	Venue
31/1/23	Year 1 Phonic workshop	Year 1 team	School Hall at 8:30am
7/2/23	Year 1 Phonic workshop	Mrs Imtiaz and Ms Stroud (Willow)	School Hall at 8:30am
1/3/23	Reading with children	Ms Boatswain and Ms Gates (Marish)	Year 5 classroom at 3:30pm
2/3/23	Reading with children	Ms Boatswain and Ms Gates (Willow)	Year 6 classroom at 3:30pm
6/3/23	Maths: Calculations	Mr Mullins and Miss Stroud (Willow)	School Hall at 8:30am and 2:30pm
7/3/23	Maths: Calculations	Mr Mullins and Miss Stroud (Willow)	School Hall at 8:30am and 2:30pm
13/3/23	Year 2 SATs prep	Ms Khinda and Mrs Hothi (Marish) Year 2 team (Willow)	School Hall at 8:30am and 2:30pm
15/3/23	Year 6 SATs prep	Year 6 team (Marish) Year 6 team (Willow)	School Hall at 8:30am and 2:30pm
16/3/23	E-safety	Mrs Hothi and Mr Sinclair	Marish School Hall at 8:30am
16/3/23	E-safety	Mr Sinclair and Miss Graham	Willow School Hall at 2:30pm

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Some Useful Information

**ROYAL BERKSHIRE
FIRE AND RESCUE SERVICE**

Have Your Say

Royal Berkshire Fire and Rescue Service are currently running two public consultations relating to how the Fire Service is funded and the future of RBFRS.

More information about both consultations can be found at - www.rbfrs.co.uk/haveyoursay

There is also a short video available, providing more details on the Community Risk Management Plan (CRMP) and how this supports RBFRS for the future - www.youtube.com/watch?v=xnDj_cbidfs



Click on the image to watch the video!

Should you have any further questions or comments, please email - consultations@rbfrs.co.uk

Kasia Jaworski Hutt

Safety Education Co-ordinator

Royal Berkshire Fire & Rescue Service

Contact No - 07771608434 | Email - huttk@rbfrs.co.uk

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Some Useful Information

Brownies offers girls exciting opportunities to take on new challenges, make brilliant friends and discover the world around them.

3rd Slough Brownies
Meet on Tuesdays 6:30 – 8pm
(term time only)
Slough Baptist Church, Windsor Road,
Slough, SL1 2EJ
3rdsloughbrownies1@gmail.com

Brownies

For girls aged 7 to 10

*'I like doing things outside...
we get to learn about our
environment and how to
care for it.'*

Jessica, aged 10



girlguiding.org.uk/brownies

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Some Useful Information

Organised & delivered by Slough Hub

- Dance and Movement
- Weekend Multi-Activity Club
- Yoga
- Aerobics

Organised by Sport Collective Delivered by Athena Angelo

- Gymnastics

Delivered by Fights Republic

- Boxing

Organised by Thames Valley Cavaliers Delivered by Full Court Connections

- Basketball

Pioneer Family Partnership presents



A range of FREE fitness classes
starting from Monday 30th January 2023

All classes will be held at
Foxborough Primary School
Common Rd, Langley, Slough SL3 8TX

**Please see the timetable for the scheduled
sessions for adults and children**



Week Day	Classes	Times
Monday	Dance and Movement - (Children 7-11 years old)	5-6pm
	Aerobics - (Adults)	6-7pm
Tuesday	Yoga - (Adults)	6-7pm
Wednesday	Gymnastics - (Children 4-5 years old)	5-5.50pm
	Gymnastics - (Children 6-8 years old)	6-6.50pm
Thursday	Basketball - (Children 6-8years old)	5-6.30pm
Friday	Basketball - (Children 9-11 years old)	5-6.30pm
Saturday	Outdoor multi-activity club - (Children 7-11 years old)	1-3pm
	Boxing - (Children 9-12 years old)	2-3pm
	Boxing - (Children 12-18 years old)	3-4pm

**Please scan the QR code below
to register your place.**

There are limited places on all
sessions, register now.

If you require further information,
please contact
Gurminder Khutan –
office@pioneerfamilypartnership.co.uk

Pioneer Family Partnership -
Registration for Physical activities



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Some Useful Information

CAVALIERS BASKETBALL CAMP



13/2/23 - 16/2/23



DAILY CAMPER £18
FULL CAMP £60

9am-12pm Age 7-12
12.15-3.15pm Age 13-17

UXBRIDGE COLLEGE
PARK ROAD
UXBRIDGE
UB8 1NQ

Booking/info: call Lorien on 07703 056303
or email admin@fullcourtconnections.co.uk

