



Healthier Together

Local advice and support to help manage and improve the health and wellbeing of babies, children, and young people

Frimley Health and Care



ASCOT | BRACKNELL | FARNHAM | MAIDENHEAD | NORTH EAST HAMPSHIRE | SLOUGH | SURREY HEATH | WINDSOR

Worried about your child's health and wellbeing?

The Frimley Healthier Together website provides the latest expert advice and reassurance for parents and carers about what might be wrong, what to do and where to go for help



You can get support on the following:

- Childhood illnesses
- Caring for newborns
- Children and young people's emotional and mental wellbeing
- Young people and growing up
- Maternal and Paternal mental health
- Maternity

“It's like having a mini doctor for you at home.”

Visit: frimley-healthiertogether.nhs.uk



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