

Physical Education Curriculum

In teaching children Physical Education, our intent is to enable children to develop practical skills in order to participate, compete and lead a healthy lifestyle.

Coordination

Threshold concepts and skills

Resilience

Social Skills (sportsmanship)

Breadth of study

EYFS

The EYFS framework is structured very differently to the national curriculum as it is organised across seven areas of learning rather than subject areas. The most relevant statements for PE are taken from Physical Development, Personal, Social and Emotional Development and Expressive Arts and Design.

KS1

Pupils should continue to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should understand how to maintain a healthy lifestyle.

KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make sequences of movements. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Children should be able to swim 25m and talk about life skills around water safety.

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	First PE/ Dance	Dance/First PE	Gymnastics	Enjoy-a-ball	Athletics	Sports Day
Year 1	Indoor Athletics	Gymnastics	Multi Skills	Dance/Fitness	Tennis	Kwik Cricket
	Football FUNdamentals	Ball Skills	Social Dodgeball	Ball Games	Athletics	OAA
Year 2	Indoor Athletics	Gymnastics	Multi Skills	Dance/Fitness	Tennis	Kwik Cricket
	Football FUNdamentals	Ball Skills	Social Dodgeball	Ball Games	Athletics	OAA

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Indoor athletics	Gymnastics	Tag Rugby	Hockey	Tennis	Kwik Cricket
	Football	Netball	Dance/Fitness	Handball	Athletics	OAA
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Football	Netball	Tag Rugby/Dance	Hockey/Dance	Athletics	Kwik Cricket
Year 5	Indoor athletics	Gymnastics	Tag Rugby	Hockey	Tennis	Kwik Cricket
	Football	Netball	Dance/Fitness	Handball	Athletics	OAA
Year 6	Indoor athletics	Gymnastics	Tag Rugby	Hockey	Tennis	Kwik Cricket
	Football	Netball	Dance/Fitness	Handball	Athletics	OAA